This listing of claims replaces all previous listings of claims in this application.

- 1-5. (canceled)
- 6. (original) An additive for a food or a food supplement comprising partially or fully defatted cocoa solids pretreated by mixing with about 9% to about 90% by weight, based on the cocoa solids, of sterol ester(s) and/or stanol ester(s) which are liquids at temperatures of about 80°C or less, wherein the cocoa solids after pretreatment have a cocoa procyanidin content of at least about 4.5 milligrams per gram of defatted cocoa solids.
- 7. (original) An additive for a food or a food supplement comprising partially or fully defatted cocoa solids pretreated by mixing with about 0.05% to about 5% by weight, based on the cocoa solids, of a lecithin, wherein the cocoa solids prior to pretreatment have a cocoa procyanidin content of at least about 5 milligrams per gram of defatted coca solids.
- 8. (previously presented) A process for preparing a binder syrup for a food or a food supplement comprises the step of mixing at about 20°C to 160°C (i) a syrup and (ii) partially or fully defatted cocoa solids pretreated by mixing with about 9% to about 90% by weight, based on the cocoa solids, of sterol ester(s) and/or stanol ester(s) which are liquids at temperatures of about 80°C or less, wherein the cocoa solids in the binder have a cocoa procyanidin content of at least about 4.5 milligrams per gram of defatted cocoa solids.
 - 9. (original) A binder syrup prepared by the process of Claim 8.
- 10. (previously presented) A binder syrup comprising a mixture of (i) a syrup and (ii) cocoa solids pretreated with about 9% to about 90% by weight of sterol ester(s)

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and/or stanol ester(s) and optionally with up to about 5% by weight of a lecithin and/or up to about 20% by weight of a chocolate liquor; wherein the binder syrup is liquid at about 40°C to about 80°C and solid at room temperature, the weights being based on the cocoa solids.

11-26 (canceled)

- 27. (new) A binder syrup comprising a mixture of (i) a syrup and (ii) cocoa solids pretreated with about 9% to about 90% by weight of sterol ester(s) and/or stanol ester(s) and with up to about 5% by weight of a lecithin and/or up to about 20% by weight of a chocolate liquor; wherein the binder syrup is liquid at about 40°C to about 80°C and solid at room temperature, the weights being based on the cocoa solids.
- 28. (new) A process for preparing a dry, ready-to-eat food using the binder syrup of Claim 10 comprises the steps of:
- a. blending the binder syrup at about 40°C to about 80°C with a mixture of dry ingredients comprising grain(s), flour(s), and/or protein(s), and optionally dried fruits and/or nuts to obtain a formable food mixture;
 - b. forming the mixture into a food; and
 - c. cooling the food to room temperature.
- 29. (new) A process for preparing a dry, ready-to-eat food using the binder syrup of Claim 27 comprises the steps of:
- a. blending the binder syrup at about 40°C to about 80°C with a mixture of dry ingredients comprising grain(s), flour(s), and/or protein(s), and optionally dried fruits and/or nuts to obtain a formable food mixture;
 - forming the mixture into a food; and

- c. cooling the food to room temperature.
- 30. (new) The process of Claim 28 or 29, further comprising the steps of decorating or enrobing the formed food with chocolate, a yogurt, or a flavored sugar.
- 31. (new) The process of Claim 28, wherein the pretreated cocoa solids and the syrup are premixed at about 60°C to about 80°C to form a binder syrup prior to blending with the dry ingredients.
- 32. (new) The process of Claim 28 or 29, wherein the cocoa solids are partially defatted cocoa solids containing about 8-30% fat and having a cocoa procyanidin content of at least about 50 to about 150 milligrams; wherein the sterol ester(s) are prepared from rapeseed oil; wherein the emulsifier is selected from the group consisting of lecithin, a monoglyceride, a diglyceride, an ethoxylated mono- or diglyceride, a phospholipid, an acetic, lactic, citric, succinic, or diacetyl tartaric acid ester of a monoglyceride, a polyglycerol, sorbitan, a sucrose ester, a propylene glycol ester of a fatty acid, polyglycerol polyresorcinoleate, and mixtures thereof; wherein the syrup further comprises an ingredient selected from the group consisting of a whole milk powder, a skim milk powder, a malted milk powder, a flavorant, one or more vitamins or minerals, a sugar, a salt, and mixtures thereof; and wherein the dry ingredients are selected from the group consisting of rice crisps, soy crisps, oats, bran flour, corn flour, wheat flour, rice flour, a milk protein, an egg protein, a soy protein, a whey, and combinations thereof.
- 33. (new) The process of Claim 32, wherein the cocoa solids have a cocoa procyanidin content of about 50 to 80 milligrams; wherein the sterol ester(s) comprise an ester of β-sitosterol, campesterol, and stigmesterol; wherein the emulsifier is lecithin;

wherein the flavorant is vanilla; wherein the syrup is corn syrup having a DE of about 40 to about 65; and wherein the sugar is a brown sugar and/or fructose; and wherein the dry ingredients comprise rice crisps, soy crisps, and/or oats.

- 34. (new) The process of Claim 33, wherein the formed food is a dry, ready to eat granola bar.
- 35. (new) The process of Claim 34, wherein the bar contains about 65% to 100% of the cocoa procyanidins originally present in the cocoa solids.
- 36. (new) The process of Claim 35, wherein the bar contains about 90% to 100% of the cocoa procyanidins originally present in the cocoa solids.
- 37. (new) A process for preparing a chocolate confectionery using the binder syrup of Claim 10, comprises the steps of:
- a. pretreating cocoa solids having a cocoa procyanidin content of at least about 5 milligrams per gram of the defatted cocoa solids with about 9 to about 90% of sterol ester(s) and/or stanol ester(s) and optionally up to about 20% of chocolate liquor or about 0.5% to about 5% of an emulsifier:
- b. blending the pretreated cocoa solids with binder syrup at about 20°C to about 160°C;
 - c. cooling the blend; and
 - d. shaping the cooled blend into the confectionery.
- 38. (new) The process of Claim 37, wherein the binder syrup comprises the sterol ester(s) and/or stanol ester(s), the lecithin, and the chocolate liquor.
- 39. (new) The process of Claim 37, wherein the cocoa solids have a fat content of about 8% to about 30% and a cocoa procyanidin content of about 50 to about

150 mg; wherein the sterol ester(s) are prepared from rapeseed oil; wherein the emulsifier is selected from the group consisting of lecithin, a monoglyceride, a diglyceride, an ethoxylated mono- or diglyceride, a phospholipid, an acetic, lactic, citric, succinic, or diacetyl tartaric acid ester of a monoglyceride, a polyglycerol, sorbitan, a sucrose ester, a propylene glycol ester of a fatty acid, polyglycerol polyresorcinoleate, and mixtures thereof; wherein the chocolate liquor is a dark chocolate liquor or a milk chocolate liquor present in an amount of about 0.5% to about 10%; and wherein the syrup is an aqueous solution of a nutritive carbohydrate sweetener or an artificial sweetener having a moisture content of about 5 to about 25%; and wherein the syrup further comprises a gum, vitamin(s) and/or mineral(s), a sugar, and/or a flavorant.

- 40. (new) The process of Claim 39, wherein the sterol esters, the chocolate liquor, and the lecithin are premixed before mixing with the cocoa solids; and wherein the syrup is a corn syrup having a DE of about 40 to about 65.
- 41. (new) The process of Claim 40, wherein the confectionery is a dark chocolate or a milk chocolate chew.
- 42. (new) The process of Claim 41, wherein the chew contains about 65% to 100% of the cocoa procyanidins originally present in the cocoa solids.
- 43. (new) The process of Claim 42, wherein the chew contains about 90% to 100% of the cocoa procyanidins originally present in the cocoa solids.
- 44. (new) The process of Claim 43, wherein the chew contains at least about 2 milligrams of cocoa procyanidins per gram of the chew.